

the 4 Blades MAGAZINE

The Christmas Issue

To Cook from This Issue...

BREAKFASTS

- Cranberry Macadamia Granola
- Grain Free Granola

DRINKS

- Grape Fro-jitos
- Hot Chocolate Mix
- Iced Tea
- Mango-Berry Frappe Punch

GRAINS, PASTA & PULSES

- Rosemary Buttermilk Roll Wreath

MEAT & POULTRY

- Apricot Glazed Christmas Ham
- Christmas Chicken

SALADS / VEGETABLES

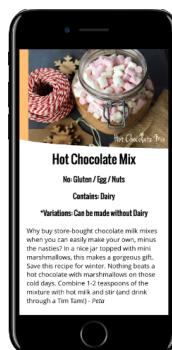
- Avocado, Chili & Mandarin Salad
- Christmix Waldorf Salad
- Creamy Cauliflower Bake
- Nutty Smashed Sprouts with Bacon
- Pesto Potatoes

SAUCES & EXTRAS

- Almond Cashew Dukkah
- Apple & Fennel Stuffing
- Chilli Salt
- Choc Coconut Body Scrub
- Chocolate Cranberry Dukkah
- Dried Apricot Preserves
- Gardener's Hand Scrub
- Gingerbread Body Scrub
- Herb and Garlic Salt
- Mint Sauce
- Simple Spiced Apple Sauce
- Spiced Orange Cranberry Jelly
- Tangy Prawn Dipping Sauce
- Zesty Christmas Custard

SWEETS

- Choc Mint Biscuits
- Choc Peppermint Bliss Balls
- Chocolate Hazelnut Meringue Cake
- Chocolate Mint Cheesecake Balls
- Chocolate Salami
- Christmas Crackle Puddings
- Christmas Ice Cream
- Decadent Chocolate Truffles
- Full of Fruit Christmas Cake
- Gingerbread People
- Gingerbread Variation
- Hazelnut Bombs
- Healthy Chocolate Crackle puddings
- Healthy Hazelnut Truffles
- Honey Cinnamon Almonds
- Rocky Road Wreath
- Rum Balls
- Shortbread Star Tree
- Shortbread Stars
- Special Shortbread
- Sticky Toffee Pudding with Caramel Sauce
- White Christmas



www.the4blades.com

